



10. Deisterberglauf  
Barsinghausen / 15.09.2013

Detailed evaluation

Wuttke, Patrick

Number: 634

Course: 20.80 km  
Halbmarathon

Category:  
Männer (20-29 Jahre)

Total time: 1:48:09

Speed: 11.10 km/h

Running performance: 5:12 min/km

Rank in course/Total: 37 (of 110)

Rank in course/Men: 33 (of 92)

Best time in course: 1:18:02

Rank in category: 3(of 14)

Best time in the category: 1:29:48

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.30	17:29	5:17	9	4:00	48	4:55	3.30	17:29	5:17	3	4:00	84	
Lap 2	1.70	9:45	5:44	8	1:34	40	2:39	5.00	27:14	5:26	3	5:34	84	
Lap 3	2.10	9:11	4:22	7	1:27	45	2:19	7.10	36:25	5:07	3	7:01	82	
Lap 4	4.95	27:14	5:30	4	4:38	32	7:04	12.05	1:03:39	5:16	2	0:51	79	
Lap 5	3.65	17:54	4:54	4	2:58	32	5:05	15.70	1:21:33	5:11	3	14:37	83	
Lap 6	1.40	6:17	4:29	2	0:55	34	1:59	17.10	1:27:50	5:08	3	15:32	82	
Last lap Finish	3.70	20:19	5:29	3	2:49	27	9:34	20.80	1:48:09	5:11	3	18:21	33	30:07