



10. Deisterberglauf

Barsinghausen / 15.09.2013

Detailed evaluation

Reihs, Yannick

Club: TSV Kirchdorf
Number: 19

Course: 5.00 km
5 km-Lauf

Category:
männliche Jugend U18 (16-17 Jahre)

Total time: 19:21

Speed: 15.50 km/h
Running performance: 3:52 min/km

Rank in course/Total: 2 (of 53)

Rank in course/Men: 2 (of 25)

Best time in course: 19:07

Rank in category: 1(of 2)

Best time in the category: 19:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.30	13:17	4:01	1	-	1	-	3.30	13:17	4:01	1	-	24	
Last lap Finish	1.70	6:04	3:34	1	-	2	0:21	5.00	19:21	3:52	1	-	2	0:14