



10. Deisterberglauf
Barsinghausen / 15.09.2013

Detailed evaluation

Wille, Veit

Club: TSV Kirchdorf
Number: 538

Course: 20.80 km
Halbmarathon

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:03:58

Speed: 9.68 km/h
Running performance: 5:58 min/km

Rank in course/Total: 79 (of 110)

Rank in course/Men: 68 (of 92)

Best time in course: 1:18:02

Rank in category: 2(of 2)

Best time in the category: 1:56:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.30	17:38	5:20	1	-	52	5:04	3.30	17:38	5:20	2		3	
Lap 2	1.70	10:03	5:54	1	-	52	2:57	5.00	27:41	5:32	2		3	
Lap 3	2.10	9:12	4:22	2	0:33	47	2:20	7.10	36:53	5:11	2	0:15	2	0:15
Lap 4	4.95	29:40	5:59	1	-	65	9:30	12.05	1:06:33	5:31	2	0:12	3	
Lap 5	3.65	21:34	5:54	2	1:59	71	8:45	15.70	1:28:07	5:36	2	2:11	2	2:11
Lap 6	1.40	7:15	5:10	2	0:11	66	2:57	17.10	1:35:22	5:34	2	2:22	2	2:22
Last lap Finish	3.70	28:36	7:43	2	5:24	83	17:51	20.80	2:03:58	5:57	2	7:46	68	45:56