



34. Wartburglauf  
Eisenach / 29.09.2013

Detailed evaluation

Zachen, Frank

Club: Wartburg-Sparkasse  
Number: 261

Course: 12.50 km  
Hauptlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:06:33

Speed: 11.27 km/h  
Running performance: 5:19 min/km

Rank in course/Total: 161 (of 254)

Rank in course/Men: 136 (of 186)

Best time in course: 45:36

Rank in category: 23(of 26)

Best time in the category: 45:46