



34. Wartburglauf  
Eisenach / 29.09.2013

Detailed evaluation

Haag, Heike

Club: SV wartburgstadt  
Number: 229

Course: 12.50 km  
Hauptlauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:07:40

Speed: 11.08 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 168 (of 254)

Rank in course/Women: 30 (of 68)

Best time in course: 52:34

Rank in category: 6(of 13)

Best time in the category: 55:42