



34. Wartburglauf
Eisenach / 29.09.2013

Detailed evaluation

Nürnberger, Dirk

Club: SV Empor Bad Langensalza
Number: 106

Course: 12.50 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 55:27

Speed: 13.53 km/h
Running performance: 4:26 min/km

Rank in course/Total: 45 (of 254)

Rank in course/Men: 43 (of 186)

Best time in course: 45:36

Rank in category: 10(of 26)

Best time in the category: 45:46