



6. Radio Euroherz Park & See-Lauf

Hof / 05.10.2013

Detailed evaluation

Klug, Helga

Club: IfL Hof

Number: 312

Course: 10.00 km

Volkslauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:00:41

Speed: 9.89 km/h

Running performance: 6:04 min/km

Rank in course/Total: 88 (of 142)

Rank in course/Women: 20 (of 53)

Best time in course: 49:17

Rank in category: 1(of 2)

Best time in the category: 1:00:41