



## 6. Radio Euroherz Park & See-Lauf

Hof / 05.10.2013

### Detailed evaluation

**Semm, Thomas**

Club: Semm's

Number: 343

Course: 10.00 km

Volkslauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:03:05

Speed: 9.51 km/h

Running performance: 6:19 min/km

Rank in course/Total: 98 (of 142)

Rank in course/Men: 73 (of 89)

Best time in course: 38:38

Rank in category: 4(of 7)

Best time in the category: 44:14