



## 6. Radio Euroherz Park & See-Lauf

Hof / 05.10.2013

### Detailed evaluation

**Hogh, Rainer**

Club: LKG Hensoltshöhe Hof  
Number: 222

Course: 10.00 km  
Volkslauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:04:59

Speed: 9.23 km/h  
Running performance: 6:30 min/km

Rank in course/Total: 109 (of 142)

Rank in course/Men: 79 (of 89)

Best time in course: 38:38

Rank in category: 9(of 9)

Best time in the category: 40:50