



6. Radio Euroherz Park & See-Lauf

Hof / 05.10.2013

Detailed evaluation

Kästel, Monika

Club: JFL Hof

Number: 360

Course: 10.00 km

Volkslauf

Category:

Seniorinnen W65 (65-69 Jahre)

Total time: 1:05:18

Speed: 9.19 km/h

Running performance: 6:32 min/km

Rank in course/Total: 110 (of 142)

Rank in course/Women: 31 (of 53)

Best time in course: 49:17

Rank in category: 1(of 2)

Best time in the category: 1:05:18