



6. Radio Euroherz Park & See-Lauf

Hof / 05.10.2013

Detailed evaluation

Wolfrum, Volkmar

Club: TV Münchberg

Number: 156

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:22:28

Speed: 15.28 km/h

Running performance: 3:55 min/km

Rank in course/Total: 5 (of 158)

Rank in course/Men: 5 (of 138)

Best time in course: 1:16:11

Rank in category: 3(of 25)

Best time in the category: 1:20:06