



## 6. Radio Euroherz Park & See-Lauf

Hof / 05.10.2013

### Detailed evaluation

**Fochler, Udo**

Club: Ingelheim

Number: 331

Course: 10.00 km

Volkslauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:11:11

Speed: 8.43 km/h

Running performance: 7:07 min/km

Rank in course/Total: 133 (of 142)

Rank in course/Men: 86 (of 89)

Best time in course: 38:38

Rank in category: 17(of 17)

Best time in the category: 45:34