



## 6. Radio Euroherz Park & See-Lauf

Hof / 05.10.2013

### Detailed evaluation

#### Runneck, Wolfgang

Club: FC Niederlamitz

Number: 61

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:26:45

Speed: 14.52 km/h

Running performance: 4:07 min/km

Rank in course/Total: 16 (of 158)

Rank in course/Men: 16 (of 138)

Best time in course: 1:16:11

Rank in category: 4(of 25)

Best time in the category: 1:20:06