



6. Radio Euroherz Park & See-Lauf

Hof / 05.10.2013

Detailed evaluation

Gulden, Joerg

Club: REHAU AG + CO

Number: 143

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:40:31

Speed: 12.54 km/h

Running performance: 4:46 min/km

Rank in course/Total: 51 (of 158)

Rank in course/Men: 51 (of 138)

Best time in course: 1:16:11

Rank in category: 12(of 25)

Best time in the category: 1:20:06