



## 6. Radio Euroherz Park & See-Lauf

Hof / 05.10.2013

### Detailed evaluation

**Friedel, Harald**

Club: IfL Hof

Number: 73

Course: 21.10 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:40:56

Speed: 12.48 km/h

Running performance: 4:47 min/km

Rank in course/Total: 53 (of 158)

Rank in course/Men: 53 (of 138)

Best time in course: 1:16:11

Rank in category: 4(of 14)

Best time in the category: 1:34:35