



## 6. Radio Euroherz Park & See-Lauf

Hof / 05.10.2013

### Detailed evaluation

**Nieweg, Werner**

Club: IfL Hof

Number: 407

Course: 10.00 km

Nordic Walking

Category:

Walking/ Nordic Walking Männer

Total time: 1:18:30

Speed: 7.64 km/h

Running performance: 7:51 min/km

Rank in course/Total: 3 (of 28)

Rank in course/Men: 3 (of 12)

Best time in course: 1:12:31

Rank in category: 3(of 12)

Best time in the category: 1:12:31