



6. Radio Euroherz Park & See-Lauf

Hof / 05.10.2013

Detailed evaluation

Plöger, Bernd

Club: Elbe Rhein Kombinat

Number: 49

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:56:24

Speed: 10.82 km/h

Running performance: 5:31 min/km

Rank in course/Total: 117 (of 158)

Rank in course/Men: 109 (of 138)

Best time in course: 1:16:11

Rank in category: 23(of 25)

Best time in the category: 1:20:06