



## 6. Radio Euroherz Park & See-Lauf

Hof / 05.10.2013

### Detailed evaluation

**Rödel, Susanne**

Club: IfL Hof

Number: 419

Course: 10.00 km

Nordic Walking

Category:

Walking/ Nordic Walking Frauen

Total time: 1:30:31

Speed: 6.63 km/h

Running performance: 9:03 min/km

Rank in course/Total: 13 (of 28)

Rank in course/Women: 5 (of 16)

Best time in course: 1:19:42

Rank in category: 5(of 16)

Best time in the category: 1:19:42