



6. Radio Euroherz Park & See-Lauf

Hof / 05.10.2013

Detailed evaluation

Maßalski, Jörg

Club: REHAU AG + Co.

Number: 31

Course: 10.00 km

Volkslauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 47:13

Speed: 12.71 km/h

Running performance: 4:43 min/km

Rank in course/Total: 18 (of 142)

Rank in course/Men: 18 (of 89)

Best time in course: 38:38

Rank in category: 4(of 13)

Best time in the category: 39:05