



6. Radio Euroherz Park & See-Lauf

Hof / 05.10.2013

Detailed evaluation

Krippendorf, Gerhard

Club: IfL Hof

Number: 333

Course: 10.00 km

Volkslauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 49:30

Speed: 12.12 km/h

Running performance: 4:57 min/km

Rank in course/Total: 29 (of 142)

Rank in course/Men: 27 (of 89)

Best time in course: 38:38

Rank in category: 6(of 17)

Best time in the category: 45:34