



6. Radio Euroherz Park & See-Lauf

Hof / 05.10.2013

Detailed evaluation

Flehsig, Alexander

Club: Sportclub Sparkasse Hochfranken e.V.
Number: 321

Course: 10.00 km
Volkslauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 49:54

Speed: 12.02 km/h
Running performance: 4:59 min/km

Rank in course/Total: 31 (of 142)

Rank in course/Men: 30 (of 89)

Best time in course: 38:38

Rank in category: 6(of 13)

Best time in the category: 39:05