



6. Radio Euroherz Park & See-Lauf

Hof / 05.10.2013

Detailed evaluation

Schäperkötter, Hans-Jörg

Club: ohne

Number: 249

Course: 10.00 km

Volkslauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 52:56

Speed: 11.34 km/h

Running performance: 5:17 min/km

Rank in course/Total: 45 (of 142)

Rank in course/Men: 41 (of 89)

Best time in course: 38:38

Rank in category: 8(of 17)

Best time in the category: 45:34