



## 6. Radio Euroherz Park & See-Lauf

Hof / 05.10.2013

### Detailed evaluation

Panosch, Kathrin

Club: REHAU AG + CO

Number: 294

Course: 10.00 km

Volkslauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 54:48

Speed: 10.95 km/h

Running performance: 5:29 min/km

Rank in course/Total: 56 (of 142)

Rank in course/Women: 8 (of 53)

Best time in course: 49:17

Rank in category: 2(of 7)

Best time in the category: 54:31