



6. Radio Euroherz Park & See-Lauf

Hof / 05.10.2013

Detailed evaluation

Thiem, Walter

Club: LKG Hensoltshöhe Hof

Number: 253

Course: 10.00 km

Volkslauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 58:53

Speed: 10.19 km/h

Running performance: 5:53 min/km

Rank in course/Total: 76 (of 142)

Rank in course/Men: 60 (of 89)

Best time in course: 38:38

Rank in category: 12(of 17)

Best time in the category: 45:34