



Langenberg-Marathon  
Bruchhausen / 05.10.2013

## Detailed evaluation

**Adam, Siegfried**

Club: Horn Bad Meinberg  
Number: 3

Course: 35.00 km  
Fun Marathon

Category:  
Senioren II

Total time: 2:04:22

Speed: 16.89 km/h  
Running performance: 3:33 min/km

Rank in course/Total: 85 (of 247)

Rank in course/Men: 81 (of 216)

Best time in course: 1:35:25

Rank in category: 23(of 80)

Best time in the category: 1:37:16