



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Flender, Matthias

Club: RSV Osthelden
Number: 63

Course: 35.00 km
Fun Marathon

Category:
Senioren III

Total time: 2:04:36

Speed: 16.85 km/h
Running performance: 3:34 min/km

Rank in course/Total: 87 (of 247)

Rank in course/Men: 83 (of 216)

Best time in course: 1:35:25

Rank in category: 11(of 35)

Best time in the category: 1:47:30