



Langenberg-Marathon  
Bruchhausen / 05.10.2013

## Detailed evaluation

**Bender, Lara**

Club: Radwerk Upland e.V.  
Number: 19

Course: 35.00 km  
Fun Marathon

Category:  
Jugend U17 weiblich (inkl. U15)

Total time: 2:18:00

Speed: 15.22 km/h  
Running performance: 3:56 min/km

Rank in course/Total: 137 (of 247)

Rank in course/Women: 14 (of 31)

Best time in course: 1:52:57

Rank in category: 1(of 2)

Best time in the category: 2:18:00