



Langenberg-Marathon  
Bruchhausen / 05.10.2013

## Detailed evaluation

Westing, Franz

Club: Bad Laer  
Number: 276

Course: 35.00 km  
Fun Marathon

Category:  
Senioren II

Total time: 2:42:08

Speed: 12.95 km/h  
Running performance: 4:38 min/km

Rank in course/Total: 189 (of 247)

Rank in course/Men: 170 (of 216)

Best time in course: 1:35:25

Rank in category: 57(of 80)

Best time in the category: 1:37:16