



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Pröpper, Ralf

Club: Neuenrade
Number: 177

Course: 35.00 km
Fun Marathon

Category:
Senioren I

Total time: 2:43:40

Speed: 12.83 km/h
Running performance: 4:41 min/km

Rank in course/Total: 194 (of 247)

Rank in course/Men: 175 (of 216)

Best time in course: 1:35:25

Rank in category: 46(of 51)

Best time in the category: 1:35:34