



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Bernshausen, Christian

Club: DJK RS Grafschaft
Number: 2002

Course: 70.00 km
Mitteldistanz (Lizenz)

Category:
Lizenzfahrer

Total time: 3:16:59

Speed: 21.32 km/h
Running performance: 2:49 min/km

Rank in course/Total: 8 (of 34)

Rank in course/Men: 8 (of 28)

Best time in course: 2:58:59

Rank in category: 8(of 28)

Best time in the category: 2:58:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	1:35:29	2:43	9	5:31	9	5:31	35.00	1:35:29	2:43	18		18	
Finish	35.00	1:41:30	2:53	11	12:31	11	12:31	70.00	3:16:59	2:48	10	1:12:43	10	1:12:43