



Langenberg-Marathon  
Bruchhausen / 05.10.2013

## Detailed evaluation

**Groß, Guido**

Club: Köln

Number: 79

Course: 35.00 km

Fun Marathon

Category:

Senioren II

Total time: 3:00:03

Speed: 11.66 km/h

Running performance: 5:08 min/km

Rank in course/Total: 211 (of 247)

Rank in course/Men: 187 (of 216)

Best time in course: 1:35:25

Rank in category: 64(of 80)

Best time in the category: 1:37:16