



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Schnabel, Tom

Club: TuS Neuenrade - FlyingLegs
Number: 2180

Course: 70.00 km
Mitteldistanz

Category:
Senioren III

Total time: 3:22:46

Speed: 20.71 km/h
Running performance: 2:54 min/km

Rank in course/Total: 5 (of 144)

Rank in course/Men: 5 (of 135)

Best time in course: 3:05:22

Rank in category: 2(of 19)

Best time in the category: 3:19:45

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	1:39:17	2:50	2	0:01	7	8:16	35.00	1:39:17	2:50	2	0:01	6	
Finish	-	1:43:29	-	2	3:00	6	10:24	70.00	3:22:46	-	6	1:05:54	35	1:43:45