



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Molenaar, Frank

Club: SforZ Racing Team
Number: 2022

Course: 70.00 km
Mitteldistanz (Lizenz)

Category:
Lizenzfahrer

Total time: 3:24:45

Speed: 20.51 km/h
Running performance: 2:55 min/km

Rank in course/Total: 14 (of 34)

Rank in course/Men: 14 (of 28)

Best time in course: 2:58:59

Rank in category: 14(of 28)

Best time in the category: 2:58:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	1:33:45	2:40	7	3:47	7	3:47	35.00	1:33:45	2:40	12		12	
Finish	35.00	1:51:00	3:10	18	22:01	18	22:01	70.00	3:24:45	2:55	16	1:20:29	16	1:20:29