



Langenberg-Marathon  
Bruchhausen / 05.10.2013

## Detailed evaluation

Trommer, Lion

Total time: 3:26:36

Club: R.C. Sturmvogel Mülheim a.d. Ruhr 1898 e.V. Speed: 20.33 km/h

Number: 2210

Running performance: 2:57 min/km

Course: 70.00 km

Rank in course/Total: 8 (of 144)

Mitteldistanz

Rank in course/Men: 8 (of 135)

Best time in course: 3:05:22

Category:

Rank in category: 3(of 13)

Herren

Best time in the category: 3:06:54

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	1:37:51	2:47	2	4:02	4	6:50	35.00	1:37:51	2:47	3	4:02	9	
Finish	-	1:48:45	-	3	15:40	17	15:40	70.00	3:26:36	-	3	19:42	38	1:47:35