



Langenberg-Marathon  
Bruchhausen / 05.10.2013

Detailed evaluation

Trommer, Lion

Total time: 3:26:36

Club: R.C. Sturmvogel Mülheim a.d. Ruhr 1898 e.V. Speed: 20.33 km/h

Number: 2210

Running performance: 2:57 min/km

Course: 70.00 km

Rank in course/Total: 8 (of 144)

Mitteldistanz

Rank in course/Men: 8 (of 135)

Best time in course: 3:05:22

Category:

Rank in category: 3(of 13)

Herren

Best time in the category: 3:06:54

Intermediate times

Stage score

Total ranking

| Control         | Split | Split   | Split  | Pos  | Behind | Pos | Behind | Total | Total   | Total  | Pos  | Behind | Pos | Behind  |
|-----------------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|---------|
|                 | km    | Time    | min/km | Cat. | Cat.   | Men | Men    | km    | Time    | min/km | Cat. | Cat.   | Men | Men     |
| Rundenkontrolle | 35.00 | 1:37:51 | 2:47   | 2    | 4:02   | 4   | 6:50   | 35.00 | 1:37:51 | 2:47   | 3    | 4:02   | 9   |         |
| Finish          | -     | 1:48:45 | -      | 3    | 15:40  | 17  | 15:40  | 70.00 | 3:26:36 | -      | 3    | 19:42  | 38  | 1:47:35 |