



Langenberg-Marathon  
Bruchhausen / 05.10.2013

## Detailed evaluation

**Brandenstein, Guido**

Club: Haan  
Number: 29

Course: 35.00 km  
Fun Marathon

Category:  
Senioren II

Total time: 3:07:27

Speed: 11.20 km/h  
Running performance: 5:22 min/km

Rank in course/Total: 219 (of 247)

Rank in course/Men: 194 (of 216)

Best time in course: 1:35:25

Rank in category: 68(of 80)

Best time in the category: 1:37:16