



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Gaube, Maik

Club: EGF Bunstruth-Racing
Number: 2088

Course: 70.00 km
Mitteldistanz

Category:
Senioren II

Total time: 3:28:14

Speed: 20.17 km/h
Running performance: 2:58 min/km

Rank in course/Total: 10 (of 144)

Rank in course/Men: 10 (of 135)

Best time in course: 3:05:22

Rank in category: 3(of 66)

Best time in the category: 3:05:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	1:42:49	2:56	4	11:48	12	11:48	35.00	1:42:49	2:56	28		10	
Finish	-	1:45:25	-	5	11:04	9	12:20	70.00	3:28:14	-	16	1:10:49	40	1:49:13