



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Stilow, Jan

Club: Büren
Number: 244

Course: 35.00 km
Fun Marathon

Category:
Senioren I

Total time: 3:08:24

Speed: 11.15 km/h
Running performance: 5:23 min/km

Rank in course/Total: 223 (of 247)

Rank in course/Men: 197 (of 216)

Best time in course: 1:35:25

Rank in category: 50(of 51)

Best time in the category: 1:35:34