



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Martin, Jens

Club: FlyingLegs.de
Number: 2138

Course: 70.00 km
Mitteldistanz

Category:
Senioren II

Total time: 3:28:20

Speed: 20.16 km/h
Running performance: 2:59 min/km

Rank in course/Total: 11 (of 144)

Rank in course/Men: 11 (of 135)

Best time in course: 3:05:22

Rank in category: 4(of 66)

Best time in the category: 3:05:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	1:44:07	2:58	9	13:06	18	13:06	35.00	1:44:07	2:58	29		12	
Finish	-	1:44:13	-	3	9:52	7	11:08	70.00	3:28:20	-	17	1:10:55	41	1:49:19