



Langenberg-Marathon  
Bruchhausen / 05.10.2013

Detailed evaluation

Rhodes, Mark-Graham

Club: EXCELSIOR RACING

Number: 2170

Course: 70.00 km

Mitteldistanz

Category:

Senioren II

Total time: 3:38:57

Speed: 19.18 km/h

Running performance: 3:08 min/km

Rank in course/Total: 20 (of 144)

Rank in course/Men: 20 (of 135)

Best time in course: 3:05:22

Rank in category: 10(of 66)

Best time in the category: 3:05:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	1:49:09	3:07	12	18:08	24	18:08	35.00	1:49:09	3:07	35		21	
Finish	-	1:49:48	-	10	15:27	20	16:43	70.00	3:38:57	-	23	1:21:32	50	1:59:56