



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Witten, Wolfgang

Club: Cappeln
Number: 2230

Course: 70.00 km
Mitteldistanz

Category:
Senioren II

Total time: 3:39:35

Speed: 19.13 km/h
Running performance: 3:08 min/km

Rank in course/Total: 21 (of 144)

Rank in course/Men: 21 (of 135)

Best time in course: 3:05:22

Rank in category: 11(of 66)

Best time in the category: 3:05:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	1:43:45	2:57	8	12:44	16	12:44	35.00	1:43:45	2:57	36		22	
Finish	-	1:55:50	-	15	21:29	29	22:45	70.00	3:39:35	-	24	1:22:10	51	2:00:34