



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Grabow, Burkhard

Club: Duisburg
Number: 310

Course: 35.00 km
Fun Marathon

Category:
Senioren III

Total time: 3:26:08

Speed: 10.19 km/h
Running performance: 5:53 min/km

Rank in course/Total: 233 (of 247)

Rank in course/Men: 205 (of 216)

Best time in course: 1:35:25

Rank in category: 33(of 35)

Best time in the category: 1:47:30