



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Christoph, Bernd

Club: Aachen
Number: 2254

Course: 70.00 km
Mitteldistanz

Category:
Senioren I

Total time: 3:58:54

Speed: 17.58 km/h
Running performance: 3:25 min/km

Rank in course/Total: 37 (of 144)

Rank in course/Men: 36 (of 135)

Best time in course: 3:05:22

Rank in category: 6(of 37)

Best time in the category: 3:26:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	1:57:41	3:21	8	18:21	40	26:40	35.00	1:57:41	3:21	18		37	
Finish	-	2:01:13	-	7	22:12	39	28:08	70.00	3:58:54	-	19	2:19:53	66	2:19:53