



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Ganser, Stefan

Club: Rsc stolberg
Number: 3003

Course: 105.00 km
Langdistanz (Lizenz)

Category:
Lizenzfahrer

Total time: 4:39:06

Speed: 22.57 km/h
Running performance: 2:40 min/km

Rank in course/Total: 3 (of 9)

Rank in course/Men: 3 (of 9)

Best time in course: 4:34:33

Rank in category: 3(of 9)

Best time in the category: 4:34:33

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total km | Total Time | Total min/km | Total ranking | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|---------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | | | | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Rundenkontrolle | 35.00 | 1:31:03 | 2:36 | 1 | - | 1 | - | 35.00 | 1:31:03 | 2:36 | 2 | - | 2 | - |
| Rundenkontrolle | 35.00 | 1:31:38 | 2:37 | 3 | 0:24 | 3 | 0:24 | 70.00 | 3:02:41 | 2:36 | 1 | - | 1 | - |
| Finish | 35.00 | 1:36:25 | 2:45 | 3 | 4:10 | 3 | 4:10 | 105.00 | 4:39:06 | 2:39 | 3 | 4:33 | 3 | 4:33 |