



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Wysk, Sebastian

Club: Arnsberg
Number: 2232

Course: 70.00 km
Mitteldistanz

Category:
Senioren I

Total time: 4:01:02

Speed: 17.42 km/h
Running performance: 3:26 min/km

Rank in course/Total: 41 (of 144)

Rank in course/Men: 40 (of 135)

Best time in course: 3:05:22

Rank in category: 7(of 37)

Best time in the category: 3:26:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	1:57:09	3:20	6	17:49	35	26:08	35.00	1:57:09	3:20	17		41	
Finish	-	2:03:53	-	10	24:52	42	30:48	70.00	4:01:02	-	20	2:22:01	70	2:22:01