



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Wolf, Helen

Club: Mountain Heroes
Number: 2245

Course: 70.00 km
Mitteldistanz

Category:
Frauen

Total time: 4:04:13

Speed: 17.20 km/h
Running performance: 3:29 min/km

Rank in course/Total: 43 (of 144)

Rank in course/Women: 2 (of 9)

Best time in course: 3:58:25

Rank in category: 1(of 3)

Best time in the category: 4:04:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenkontrolle	35.00	2:03:18	3:31	2	11:26	3	11:26	35.00	2:03:18	3:31	2	11:26	3	11:26
Finish	-	2:00:55	-	1	-	2	0:13	70.00	4:04:13	-	1	-	3	1:38:13