



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Hempel, Udo

Club: Dortmund
Number: 2095

Course: 70.00 km
Mitteldistanz

Category:
Senioren II

Total time: 4:09:30

Speed: 16.83 km/h
Running performance: 3:34 min/km

Rank in course/Total: 49 (of 144)

Rank in course/Men: 47 (of 135)

Best time in course: 3:05:22

Rank in category: 24(of 66)

Best time in the category: 3:05:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	2:05:23	3:34	29	34:22	57	34:22	35.00	2:05:23	3:34	49		48	5:55
Finish	-	2:04:07	-	22	29:46	43	31:02	70.00	4:09:30	-	37	1:52:05	77	2:30:29