



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Ricker, Stephan

Club: Köln

Number: 191

Course: 35.00 km

Fun Marathon

Category:

Senioren II

Total time: 3:50:55

Speed: 9.09 km/h

Running performance: 6:36 min/km

Rank in course/Total: 235 (of 247)

Rank in course/Men: 206 (of 216)

Best time in course: 1:35:25

Rank in category: 73(of 80)

Best time in the category: 1:37:16