



Detailed evaluation

Akkermans, Ruben

Club: Den bosch
Number: 2046

Course: 70.00 km
Mitteldistanz

Category:
Senioren I

Total time: 4:13:20

Speed: 16.58 km/h
Running performance: 3:37 min/km

Rank in course/Total: 52 (of 144)

Rank in course/Men: 50 (of 135)

Best time in course: 3:05:22

Rank in category: 10(of 37)

Best time in the category: 3:26:27

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|---------|-----|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Rundenkontrolle | 35.00 | 2:10:56 | 3:44 | 14 | 31:36 | 63 | 39:55 | 35.00 | 2:10:56 | 3:44 | 14 | 6:14 | 51 | 11:28 |
| Finish | - | 2:02:24 | - | 8 | 23:23 | 40 | 29:19 | 70.00 | 4:13:20 | - | 23 | 2:34:19 | 80 | 2:34:19 |