



Langenberg-Marathon  
Bruchhausen / 05.10.2013

Detailed evaluation

Heinz, Werner

Club: -

Number: 2094

Course: 70.00 km

Mitteldistanz

Category:

Senioren II

Total time: 4:16:20

Speed: 16.38 km/h

Running performance: 3:40 min/km

Rank in course/Total: 54 (of 144)

Rank in course/Men: 52 (of 135)

Best time in course: 3:05:22

Rank in category: 27(of 66)

Best time in the category: 3:05:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	2:04:46	3:33	28	33:45	56	33:45	35.00	2:04:46	3:33	2		53	5:18
Finish	-	2:11:34	-	30	37:13	58	38:29	70.00	4:16:20	-	40	1:58:55	82	2:37:19