



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Jungheim, Armond

Club: plattetube
Number: 2251

Course: 70.00 km
Mitteldistanz

Category:
Senioren I

Total time: 4:21:46

Speed: 16.04 km/h
Running performance: 3:44 min/km

Rank in course/Total: 58 (of 144)

Rank in course/Men: 56 (of 135)

Best time in course: 3:05:22

Rank in category: 12(of 37)

Best time in the category: 3:26:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	2:01:04	3:27	11	21:44	47	30:03	35.00	2:01:04	3:27	12		56	1:36
Finish	-	2:20:42	-	20	41:41	74	47:37	70.00	4:21:46	-	25	2:42:45	86	2:42:45